

Greenwood Academies Trust Secondary Menu

Monday Week 6	Tuesday Week 6	Wednesday Week 6	Thursday Week 6	Friday Week 6
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Beef Burger	Mild Chicken Curry	Roast Gammon Joint	Quorn Chilli served with Rice	Fish Squares
Cajun Pork Steaks with New Potatoes and Mixed Salad	Vegetable Enchiladas with Roasted Vegetables	Turkey Milanese with New Potatoes & Broccoli Mix	Minced Lamb Stuffed Peppers with Mixed Salad & Coleslaw	Chicken Goujon Wraps with Mixed Salad & Coleslaw
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
(V) Quorn Burger	(V) Sweet Potato and Chickpea Curry	(V) Roast Vegan Quorn Fillet	(V) Cheese & Tomato Pizza	(V) Vegan Sausage with Mashed Potato & Garden Peas
Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides
½ Jacket Potato & Baked Beans	½ Vegetable Rice & ½ Naan Bread	Diced Potatoes, Carrots & Cauliflower Cheese	Jacket Wedges & Mixed Salad	Mashed Potato & Garden Peas
Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice
(V) Pasta Provençale	(V) Pasta in a Tomato and Basil Sauce	(V) Pasta Arriabatta	(V) Roasted Vegetable Wholemeal Pasta	(V) Cheesy Pasta Bake
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potatoes with a variety of Fillings, Sandwiches/Rolls/ Baguettes/Pasta Pots & Salad Selection. Please see our separate menus for Allergen information.				
Dessert Choice				
Raspberry Ripple Ice Cream Sponge Roll	Chocolate Cornflake Cookie	Banana Muffin	Jam Sponge with Flapjack Topping and Custard	Fruit Carrot Cake
Alternative Dessert Choices				
Cheese and Crackers, Selection of Daily Baked Cakes, Yoghurts, Fruit Pots, and Fresh Fruit	Cheese and Crackers, Selection of Daily Baked Cakes, Yoghurts, Fruit Pots, and Fresh Fruit	Cheese and Crackers, Selection of Daily Baked Cakes, Yoghurts, Fruit Pots, and Fresh Fruit	Cheese and Crackers, Selection of Daily Baked Cakes, Yoghurts, Fruit Pots, and Fresh Fruit	Cheese and Crackers, Selection of Daily Baked Cakes, Yoghurts, Fruit Pots, and Fresh Fruit
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

