

Health and Social Care

	Term 1	Term 2	Term 3
Year 10	RO34 Creative and therapeutic activities In this unit students will learn how to explore the different types of creative and therapeutic activities that are available and understand how those involved enjoy the experience along with the physical, intellectual, emotional and social benefits of taking part. Enabling the development of work-related skills that are essential for working with adults or children through the use of a range of activities and therapies that are available in health, and social care settings and understand the of these.	RO34 Creative and therapeutic activities In this unit students will learn how to explore the different types of creative and therapeutic activities that are available and understand how those involved enjoy the experience along with the physical, intellectual, emotional and social benefits of taking part. Enabling the development of work-related skills that are essential for working with adults or children through the use of a range of activities and therapies that are available in health, and social care settings and understand the of these.	RO32 Principles of care in health and social care settings In this unit students will learn about the importance of the rights of service users, person-centred values and how to apply them in health or social care settings. Learning about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.
Year 11	Unit R029: Understanding the nutrients needed for good health (Coursework) This unit gives learners an overview of the importance of diet throughout the life stages, giving them the knowledge and skills to enable them to make choices which will affect their body throughout their lives. Food is essential to our health and social well-being, throughout our daily lives from birth to old age. What we eat is often determined by a considerable number of factors, such as work-life balance, finance, where we live, food preparation skills, our health and religion.	Unit R029: Understanding the nutrients needed for good health (Coursework) This unit gives learners an overview of the importance of diet throughout the life stages, giving them the knowledge and skills to enable them to make choices which will affect their body throughout their lives. Food is essential to our health and social well-being, throughout our daily lives from birth to old age. What we eat is often determined by a considerable number of factors, such as work-life balance, finance, where we live, food preparation skills, our health and religion.	Unit R021: Essential values of care for use with individuals in care settings (exam) This mandatory unit focuses on the rights of individuals and will instil the values of care to be used when working in a health, social care or early years environment. All good practice is based on these values and enables those who use and work in care settings to apply quality practice. The unit also provides an overview of legislation and its impact on the care settings and covers the hygiene, safety and security matters that relate to promoting a healthy and safe environment.