

# Year 9 Options Process

# unifrog

|       |  |
|-------|--|
| Name  |  |
| Tutor |  |



**BUILDing**  
Your Future Now



## **What is it?**

Unifrog helps you choose the right subjects by giving you personalized recommendations based on your strengths and interests. It also provides detailed information about each subject and how your choices can affect future careers or further studies. With tools to explore different career paths and compare options, Unifrog makes it easier to make confident and informed decisions about your future.

## **How do I log in?**

Some of you have logged in before and may remember your password. If not, a reminder has been sent to your school email recently. You can click [this link](#)

Or

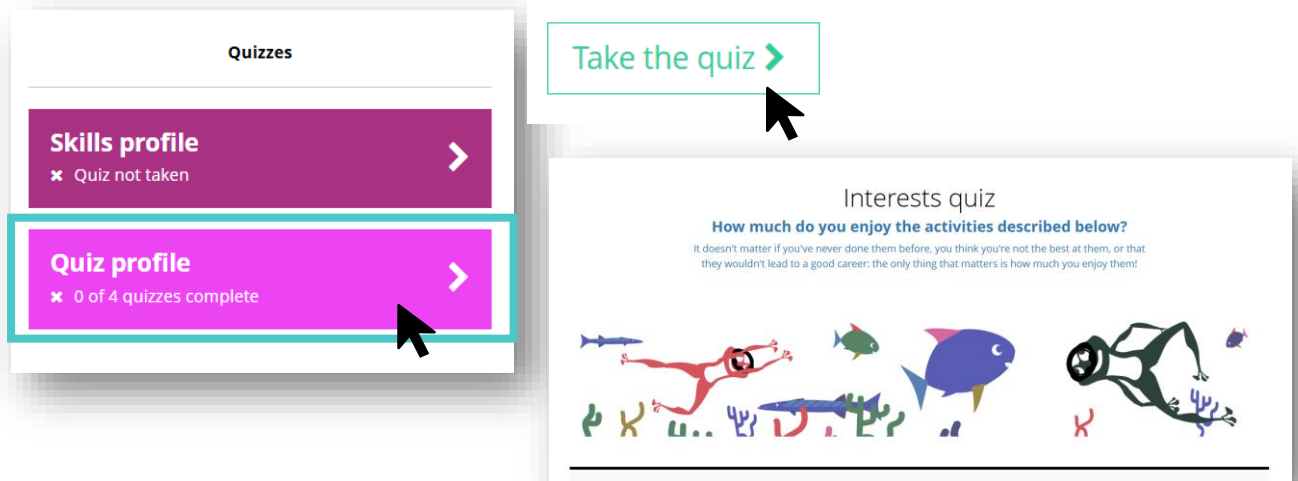
[www.unifrog.org](http://www.unifrog.org)

'Forgotten Password'

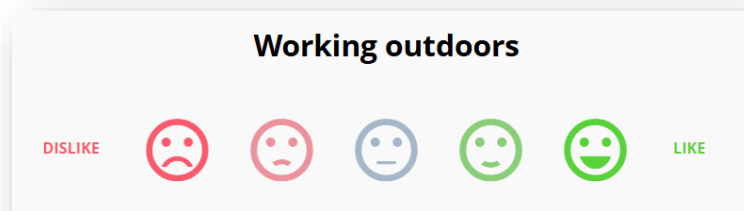
# Interests Quiz

## Completing the Quiz

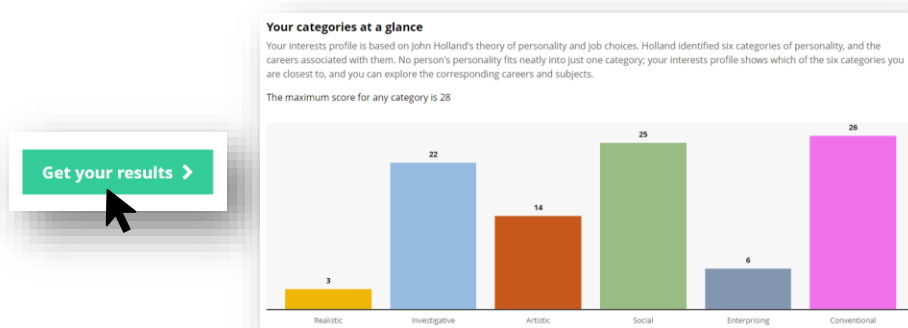
- After logging into your Unifrog account, scroll down to 'Quizzes'
- Click 'Quiz Profile' and 'Take the Quiz'



- The quiz will ask you to answer a range of different questions.
- For each activity, you can select whether you dislike it, like it, or somewhere in between.



- Once you are finished, click 'Get your results.'
- You will then see your score for each of the six interest categories.



# Interests Quiz

## The Results

Your interests profile is based on John Holland's theory of personality and job choices. Holland identified six categories of personality, and the careers associated with them. No person's personality fits neatly into just one category; your interests profile shows which of the six categories you are closest to, and you can explore the corresponding careers and subjects.

| Category      | Score |
|---------------|-------|
| Realistic     | /28   |
| Investigative | /28   |
| Artistic      | /28   |
| Social        | /28   |
| Enterprising  | /28   |
| Conventional  | /28   |

- Save a copy of your profile so that you can see if it changes when you do your interest profile again, for example in Year 10.
- Scroll down the page and on the right, click 'Push to Locker'.

### Download your profile:

**Push it to your locker?** Store this version of your profile in your locker as a pdf.

[Push to Locker >](#)

\* Item title

Interests Quiz Year 9

- Take some time to explore the Careers Library and Subjects Library
- First write down your top three for each...

[Search the Careers library >](#)

[Search the Subjects library >](#)

### Top 3 Listed in Careers Library

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|  |



### Top 3 Listed in Subject Library

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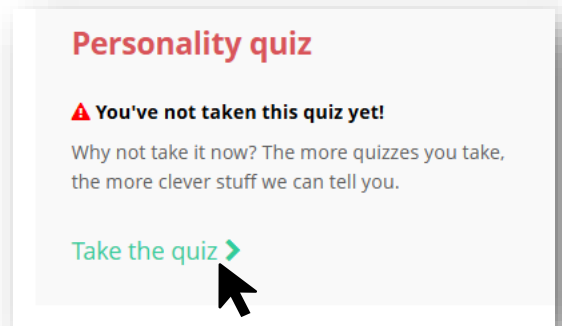
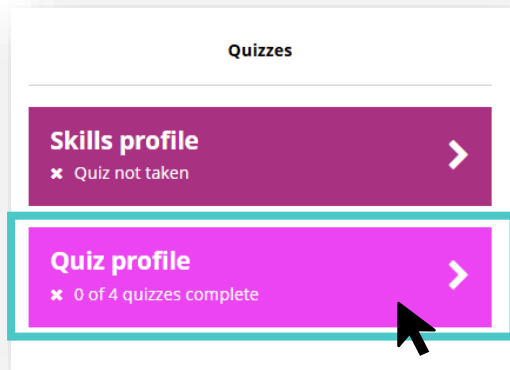


Navigate back to just your Interests Profile, go to 'Quizzes', 'Quiz Profile', 'Interests Quiz', 'Go to Quiz'

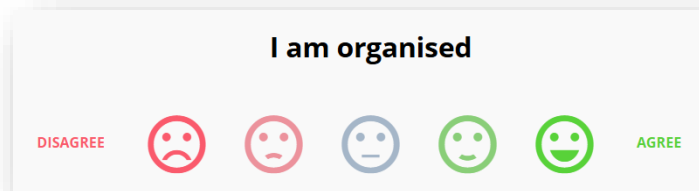
# Personality Quiz

## Completing the Quiz

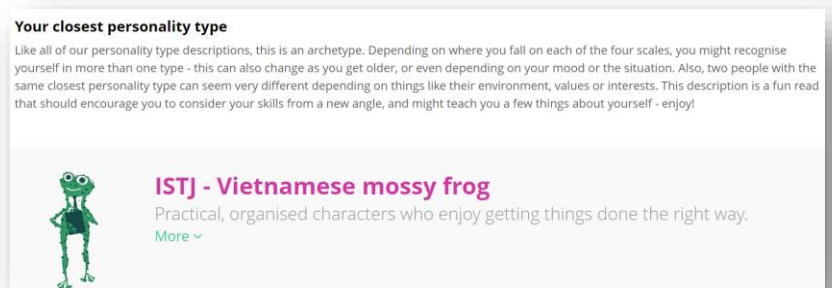
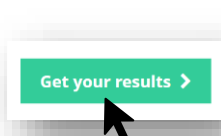
- Click 'Home' and scroll down to 'Quizzes'
- Click 'Quiz Profile' and under 'Personality Quiz' click 'Take the Quiz'



- The quiz will ask you to answer a range of different questions.
- For each activity, you can select whether you dislike it, like it, or somewhere in between.
- Try to use the neutral option as little as possible.



- Once you are finished, click 'Get your results.'
- You will then see your closest personality type



- Click 'More' to read a full description of your closest personality type.
- Scroll down further and you'll see your results in detail.

# Personality Quiz

## The Results

### My Personality Type

- Save a copy of your profile so that you can see if it changes when you do your interest profile again, for example in Year 10.
- Scroll down the page and on the right, click 'Push to Locker'.

#### Download your profile:

Push it to your locker? Store this version of your profile in your locker as a pdf.

[Push to Locker >](#)

\* Item title

Personality Quiz Year 9

- Take some time to explore the Careers Library and Subjects Library
- First write down your top three for each...

[Search the Careers library >](#)

#### Top 3 Listed in Careers Library

|  |
|--|
|  |
|  |
|  |



[Search the Subjects library >](#)

#### Top 3 Listed in Subject Library

|  |
|--|
|  |
|  |
|  |



Navigate back to just your Interests Profile, go to 'Quizzes', 'Quiz Profile', 'Personality Quiz', 'Go to Quiz'

# Exploring the Libraries

- On your 'Quiz Profile' look at your overall quiz results of the combined quizzes for the next few activities.

## Search the Careers and Subjects libraries by your overall quiz results

Online quizzes can never predict your life, and anyone can enjoy and excel at any profession or subject if they find the right way to do it for them. However, there is a lot of data linking Careers and Subjects to results on quizzes like ours, and the buttons below will let you search our libraries based on your overall quiz results, with the closest Careers and Subjects at the top.

Search the Subjects library >

Search the Careers library >

Click 'Read the profile' to find out more.

Click the heart button to add the profile to your Favourites.

Return to your matches at any time by clicking 'Back' on the subject or career profile.



### Psychotherapist

Psychotherapists use talking therapy to support people who have mental health problems.

Read the profile

Select one of the subjects you have researched using the **Careers Library**.



### Complete this sentence:

\_\_\_\_\_ is a subject that's well suited to my personality type because...

Select one of the subjects you have researched using the **Subjects Library**.



### Complete this sentence:

\_\_\_\_\_ is a subject that's well suited to my personality type because...



